



Vilniaus universiteto ligoninė
SANTAROS KLINIKOS

TRAINING PROGRAMME IN PAEDIATRIC AND ADOLESCENT GYNAECOLOGY

Vilnius University Faculty of Medicine, Clinic of Obstetrics and Gynaecology

Vilnius University Hospital Santaros Klinikos

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General information

The Faculty of Medicine is one of the largest and most significant in Vilnius University. The main training base of Faculty is Vilnius University Hospital Santaros Klinikos, where physicians consult patients from all Lithuania. Patients should have a referral from a general practitioner or other specialist to receive services free of charge.

Vilnius University Hospital Santaros Klinikos is the tertiary reference university hospital where therapeutic and research work goes hand in hand and the latest methods of diagnostic and treatment in evidence-based medicine are first and foremost implemented here. The development of biomedical research is constantly promoted, contributing to the formation of health policy in Lithuania.

The PAG training programme is implemented according “Paediatric and adolescent gynaecology: post-specialty training curriculum” prepared by Executive Board members of EURAPAG (European Association of Paediatric and Adolescent Gynaecology). The content of the European PAG curriculum is in line with current standards of care and training, and is reasonable and feasible for implementation in all countries.

During the 6 month Fellowship programme in Vilnius, the Fellow will actively participate in care delivery to build experience in the various modules of PAG as described in the curriculum in order to gain full competence up to the level of independent practice.

Competency based training is based on reflective practice of the Fellow. This curriculum provides specific instances at which Fellow and Supervisor discuss the progress of the Fellow.

Documentation of these assessment briefings is collected in the Portfolio that the Fellow gradually builds during the Fellowship.

The Fellow is expected to build a portfolio as documentation of the progress during the Fellowship. After completing the training, the Fellow shares the Portfolio, signed by him/herself and the Supervisor to the educational committee of EURAPAG for assessment and certification. The Fellow can also apply for the International Fellowship examination of Paediatric and Adolescent Gynaecology, Part I.

Requirements to enter the programme

- Medical doctor (MD) graduate
- Complete residency in Obstetrics and Gynaecology or Paediatrics
- Speaking English or Lithuanian language

The content of the programme

We are guided by the European post-specialty training curriculum of PAG, which involves:

- Development from the newborn period through to childhood, puberty and the end of sexual maturity,
- Recognition, management and surveillance of conditions affecting the female reproductive organs from birth to adolescence,
- Matters affecting reproductive health during childhood and adolescence, including health prevention strategies.

Our curriculum is applicable to Obstetricians and Gynaecologists and also to Paediatricians who have completed their training in general Obstetrics and Gynaecology or Paediatrics and wish to develop their skills and knowledge in PAG. For this reason, in Europe the Fellow will be ideally expected to have undergone EBCOG-PACT core training, which includes the diagnosis and management of the following medical conditions relevant to PAG:

- Sexual abuse
- Genital mutilation
- Vaginal discharge in the child
- Acute abdominal pain in the child
- Sexually transmitted disease in the child and adolescents
- Trauma of the vulva, vagina, perineum and/or rectum in the child
- Suspicion of domestic violence or child abuse
- Contraception in the healthy adolescent

The training time in PAG will be expected to be shorter than 2 years if an elective in PAG is incorporated during general Obstetrics and Gynaecology training.

The PAG post-specialty training curriculum is divided into 17 topics, presented as chapters in the content. The necessary skills are described for each topic. The skills and a minimum required amount of cases are also described in the portfolio.

The PAG elective training includes the following themes and topics:

1. Baseline skills: History taking and general principles in communication. Adapting communication to the level of the child/adolescent. Familiarity and use of the HEADSS system of history taking. Etc.
2. Vulval pathology
3. Child protection issues and child sexual abuse
4. Normal and abnormal pubertal development
5. Differences in sex development
6. Mullerian anomalies
7. Menstrual disorders in adolescence
8. Hyperandrogenism and PCOS in adolescence
9. Acute and chronic pelvic pain
10. Adolescent sexual health, sexual transmitted infections and contraception
11. Gynaecological health in adolescents with chronic illness, learning difficulties, complex needs and other problems
12. Adolescent pregnancy and abortion
13. Childhood cancer survivors, premature ovarian insufficiency and fertility issues
14. Ovarian cysts, torsions and genital tract tumors (benign and malignant) during childhood and adolescence
15. Health protection strategies including HPV infection and vaccination
16. Gender and transgender issues
17. Eating disorders in adolescence
18. Breast development and related disorders

Program of activities

- Attendance at PAG outpatient clinic (3 days a week)
- Attendance at paediatric endocrinology clinic (1 day a week)
- Attendance at paediatric oncohaematology and/or nephrology clinic (optional: 1 day a week)
- Hands-on training in transabdominal ultrasonography of female reproductive tract (3 days a week)
- Fellow and Supervisor discussion regarding the progress of the Fellow - once every month

- Lecture / seminar – twice per 6 months of training
- Optionally: participation in ongoing research
- The Fellow is expected to attend the EURAPAG, FIGIJ and National PAG Congresses, at least one with active participation.

Requirements to graduate from the programme

During the Fellowship, Fellows and Supervisors meet at least once every month to reflect on and discuss progress. These meetings need to be minuted in the Portfolio in the form of the periodic assessment document. The Portfolio is a collection of documentation reflecting the Fellow's progress during the post-specialty Fellowship.

The recommended minimum number of cases presented for evaluation of Fellows' progress is 25 common cases plus 5 additional rarer cases. The Portfolio is owned by the Fellow, and the Fellow should keep it up to date.

The Fellows are expected to attend at least two PAG Congresses during the 2 years Fellowship, with active participation in one of them.

At the end of the training, the Fellow shares the Portfolio, signed by him/herself and the Supervisor to the educational committee of EURAPAG for assessment and certification. The Fellow will be able to apply for the International Fellowship examination of Paediatric and Adolescent Gynaecology Part I.